



**HOPEHEALTH**  
YOUR HEALTH BEGINS HERE

*Quarterly*

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# Welcome New Providers



## David Garrell, MD, FACP

HopeHealth welcomes primary care provider Dr. David Garrell to HopeHealth in Orangeburg. Dr. Garrell is certified in addiction medicine through the American Board of Addiction Medicine and addiction management through the American Society of Addiction Medicine.



## Maci Johnson, LMSW

Behavioral health consultant Maci Johnson has joined the pain management program at HopeHealth on Palmetto Street in Florence. From Dillon, Johnson volunteers with Save The Youth Expo in Latta, and She Is Me Mentoring.



## Kira O'Neal, LPC

Kira O'Neal is a behavioral health consultant at HopeHealth in Lake City. O'Neal graduated from Francis Marion University with a Bachelor of Science in psychology and minor in biology. She received a Master of Arts in counseling from Webster University.



## Dorothy Selmon, LPC

Dorothy Selmon serves patients at the HopeHealth Medical Plaza in Florence as a behavioral health consultant. Fluent in English and Spanish, Selmon care for individuals and families and has experience in addictions therapy.



## Cheryl Watson, MSW, M.Div., LMSW

Cheryl Watson is a behavioral health consultant at HopeHealth in Timmonsville. She graduated from Adelphi University of Garden City, New York with a Master of Social Work.

# In Case You Missed It ...

Every month, several HopeHealth providers help educate communities on important health topics using the written word. Their articles are printed in local publications such as the Sunday Health and Wellness section of the Morning News, Golden Life, VIP Magazine, and Diversity Works Magazine.

Have you seen them? Or have you missed pieces such as:

- The value of advanced directives by Dr. Kelly Lyles
- Dr. Heather Leisy's article on busting COVID-19 vaccination myths and staying healthy after getting the vaccine
- A bi-monthly column on senior dating by Dr. Farrah Hughes
- Dorothy Selmon's tips on recognizing when someone is struggling with PTSD or a panic attack

After publication, each provider article is published to the HopeHealth blog.

Visit [hope-health.org/blog](https://hope-health.org/blog) today to read the latest articles from your providers, or use the search bar to find articles on topics you want to learn more about.

# Focused on Community

HopeHealth provides a variety of programs for community members that focus on health education and fun. These programs are designed to help various groups learn about the resources available to proactively care for their health.

Most recently, a pilot program for young adults age 18-35 kicked off with a skating event where participants enjoyed an evening of skating and had the opportunity to learn more about the health care services available at HopeHealth. The program is modeled on the successful Seniors with Hope and Veterans with Hope programs.

Veterans with Hope honored service members who have made the ultimate sacrifice Friday, May 28, with a Memorial Day program on the front lawn of the HopeHealth Medical Plaza in Florence.

The program included the raising of the U.S. and POW/MIA flags by Jr. ROTC cadets from local high schools, a brief history of Memorial Day by Conner Smith, veteran care navigator, and comments from Henry Humphries, veteran liaison.

The flags were flown at half-mast through Memorial Day on the recently installed pole and will continue to be flown daily and illuminated at night per the flag code.

The newly installed flag pole at the plaza - just one of the ways in which HopeHealth recognizes and focuses on helping veterans.

HopeHealth honors veterans year-round with programs that address veterans' health care needs, help navigate services, connect with community resources, and provide fellowship with peers, including:

- Veteran liaisons and care coordinators - Veteran liaisons and care coordinators at HopeHealth are themselves veterans who understand the unique needs of service members and their families. They help navigate health care services and specialize in helping veterans get connected to their local Veterans Affairs offices, understand benefit eligibility, submit claims, or file for an appeal, along with many other services both inside and outside of HopeHealth.
- Veterans with Hope - Held on the third Thursday of every month, veterans and their families are welcome to gather to hear about local resources and upcoming



opportunities. Each month the event includes two speakers - one affiliated with HopeHealth, the other representing a community resource from which our veterans could benefit.

- Cup of Joe with a Joe – A morning gathering of veterans on the first Friday of the month.
- ‘Thank A Veteran’ Art Contest – Each fall, local students are invited to show their appreciation for veterans in an art contest. Several submissions are selected to be displayed in the Medical Plaza on a wall dedicated to our Veterans with Hope program.

Visit [hope-health.org/veterans](https://hope-health.org/veterans) to learn more about HopeHealth veterans programs. If you are a Veteran and are interested in participating, email Conner Smith at [csmith@hope-health.org](mailto:csmith@hope-health.org).

# Community Partners: TD Bank

A huge thank you goes to our friends at Florence TD Bank. For several years, they have given generosity to our Compassionate Care Fund. TD Bank believes in community and supporting organizations that have a love for their people and a passion for their well-being.

TD Bank has a long-standing history of supporting its customers, colleagues and communities through events, programs, projects and activities that make a positive local impact. Corporate Citizenship isn't just a catchphrase at TD Bank—we take it as seriously as we do our passion for banking convenience and world-class customer service.

“We're committed to driving change that will enrich the lives of those in the communities in

which we live and work,” said Hugh Blanton, commercial relationship manager for TD Bank. “Because of this, we are proud to support many worthwhile organizations in the Pee Dee region and across the Carolinas.”

At TD Bank, we believe that when people feel better about their health, they feel better about their future. That's why we are proud to partner with HopeHealth in support of the Compassionate Care Fund and other important initiatives which are providing funding and resources for unmet needs of local citizens.

We're inspired by the incredible work you do for the community every day, and we are proud to stand with you as we work together toward a better tomorrow.

# compassionate care fund

*A note from Scherrie Cogdill, Director of Development*

Our employee and community fundraising campaign benefitting the Compassionate Care Fund kicks off this summer.

Our employee campaign, Christmas in July, supports our Children of Hope program. In 2020, more than 400 children experienced the joy of opening presents on Christmas morning thanks to this program. Our staff and community partners made this possible, and have been supporting this program for over 15 years.

The Compassionate Care Fund offers additional programs for consideration. The newly developed Bridge Program

gives donors the option to have their donation used for patient specialty care, patient medications, emergency essential needs, or the Veterans of Hope program. In addition, memorials and honorariums are a special way to remember or honor someone special.

Thank you for your consideration of a gift to the Compassionate Care Fund. I would love to tell you more about how your dollars are making a huge, life-changing impact for our patients.

For more information about the Compassionate Care Fund, email me at [scogdill@hopehealth.org](mailto:scogdill@hopehealth.org).

# compassionate care fund

The Compassionate Care Fund was established to assist patients with unmet needs such as the cost of vision appointments, eyeglasses, specialty care, surgery, prescription drugs, and emergency assistance.



- \$20
- \$50
- \$100
- \$500
- \$1000
- Other \$ \_\_\_\_\_

I've enclosed a check payable to HopeHealth.

Please charge my card:  Visa  AMEX  Master Card

\_\_\_\_\_  
Credit Card Number Expiration Date

\_\_\_\_\_  
Cardholder Name CVV Number

\_\_\_\_\_  
Signature

This gift is in memory of (name of deceased):

This gift is a tribute to (name):

to commemorate \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

HopeHealth is a 501 (c)(3) nonprofit organization. Donations to HopeHealth are tax-deductible according to current IRS laws. Mail donations to: HopeHealth Community Relations, 360 North Irby Street, Florence, SC 29501.

Yes, I would like to make a donation to the Compassionate Care Fund.





## Coming Together at the Medical Plaza

In-person HopeHealth classes and community events are back at the HopeHealth Medical Plaza, including the popular Seniors with Hope program.

Open to the community, Seniors with Hope connects seniors with each other on the third Thursday each month at the HopeHealth Medical Plaza in Florence.

The program includes a guest speaker and activity focused on healthy living for seniors.

Recently, the group took a field trip to The DIY Place in Florence, where participants created their own framed artwork.

To learn more, email Diane Davis at [didavis@hope-health.org](mailto:didavis@hope-health.org), or visit [hope-health.org/events](http://hope-health.org/events).

## Coming Up

Patient wellness and nutrition classes have resumed at the HopeHealth Medical Plaza in Florence. While some are open to the community and do not require registration, space is limited. Check our events page at [hope-health.org/events](http://hope-health.org/events) for updates on dates, times, and locations.

## Fall Schedule

### It's Your Health, Take Charge!

A basic nutrition class with cooking demonstrations and samples to take home – topics change monthly. This class is scheduled for the 4th Wednesday of each month from 11 a.m. – 12 pm. The next session will meet June 23.

### Walk with Ease

A six-week program for people with arthritis who want to start a walking program. Participants meet from 9-10:30 a.m. on Wednesdays. Space is limited! Email Sonda Jett-Clair, or call 843-432-3717 and register to reserve your spot for the fall sessions! Fall session begin Sept. 15.

### HeartWise

Learn skills to help control high blood pressure with the HeartWise six-week program. For more information on upcoming HeartWise classes and schedule, email Rhonda Altman or call 843-432-2977.

*HopeHealth COVID-19 policy  
Masks are required and no food or drink may be consumed in class.*



## HopeHealth Golf Classic



Save the Date: November 18, 2021 | Wyboo Golf Club, Manning, SC  
4-Man Captain's Choice | Social and award presentation to follow

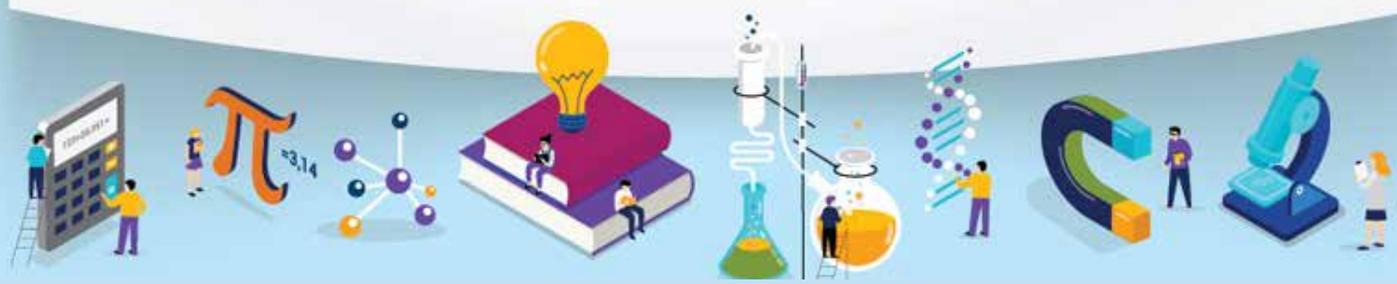
<b>VALUES</b>
<b>POPULATIONS</b>
<b>ENABLING SERVICES</b>
<b>SERVICES</b>
<b>INNOVATIONS</b>
<b>AFFORDABILITY</b>
<b>MISSION</b>

### COMMUNITY HEALTH CENTERS: The Chemistry for Strong Communities

Co Community									M Medicaid
Un Unity	CC Culturally Competent				Q LGBTQ	T Transpiration	Ed Education	Mc Medicare	
Ad Advocacy	Bi Bipartisan	V Veterans	Ag Ag Workers	I Immigrants	C Children	Cm Case Management	Cw Community Health Workers	Ss Sliding Scale Fee	
Cp Compassion	Op Open Door	E Equity	H Homeless	W Women's Health	S School-based	Ph Public Housing	Nu Nutrition	Ch CHIP	

**AUGUST 8 – AUGUST 14**  
[www.healthcenterweek.org](http://www.healthcenterweek.org)  
**#NHCW2021**

Hc Health Care	Su Substance Use	O Oral Health	Pu Public Health	Sb Small Business	Sd Social Determinants	Ns NHC
Pc Primary Care	B Behavioral Health	Pb Patient Board	Pr Prevention	Pn Partnership	Sv Care Settings	Th Teaching Health Centers



# National Health Center Week | Aug. 8-14

National Health Center Week aims to raise awareness about the mission and accomplishments of America's health centers. Health centers provide comprehensive care to 30 million patients at 11,000 service delivery sites in every state and territory in the United States. Health centers save the health care system more than \$24 billion annually in reduced emergency, hospital, and specialty care costs.

Centers such as HopeHealth not only help prevent illness and foster wellness in the most challenging populations but also produce innovative solutions to the most pressing health care issues in our local communities. HopeHealth provides care regardless of the ability to pay for services, giving access to those who would otherwise use the

emergency department as their primary health care source.

This year, HopeHealth, the National Association of Community Health Centers, and the Health Center Advocacy Network invite you to celebrate ways that health centers are "The Chemistry for Strong Communities" by participating in one of HopeHealth's planned activities for NHCW and signing up as a community health center advocate at [hcadvocacy.org](http://hcadvocacy.org).

**Events include:**

- Discussions on the importance of screenings/early detection, nutrition, blood pressure, and pre-diabetes
- Seniors with Hope programming at the HopeHealth Medical Plaza in

Florence

- Tours throughout the week for elected officials that illustrate how HopeHealth impacts the health of our communities and the importance of legislative support
- Staff appreciation day with trivia and prizes throughout the day at each site
- Advocacy Wednesday - the annual HopeHealth drive to encourage everyone to speak up on behalf of our health center and commit to advocating for policy issues impacting centers and their patients

Learn more about NHCW today at [healthcenterweek.org](http://healthcenterweek.org). For more about events at HopeHealth, visit our Facebook page or [hope-health.org/events](http://hope-health.org/events).