PATIENT NEWSLETTER SEPTEMBER 2017



NEWSLETTER

Serving others, giving hope, changing lives

Get more out of your doctor's visit.

with the Patient Portal

Through the Patient Portal, you will be able to:

- · ask questions of doctors, nurses, and staff
- request prescription refills and referrals
- examine your current and past statements









HopeHealth offers a Patient Portal as a secure service for those who wish to view parts of their records and communicate with our staff and physicians online.

In the portal, you can access your medical information and HopeHealth medical history, complete health questionnaires, request and confirm appointments, and communicate with your care team. The portal uses secure technology to encrypt data and keep unauthorized persons from accessing your information. Your information can only be read by someone with whom you share your login

information and authorized HopeHealth staff. You can help keep your information secure by making sure your care team has your correct email address and that your password is not shared with unauthorized individuals. For more information on how your provider uses the portal, speak with a member of your care team

Overcoming the **Obesity Epidemic**

Obesity is fast becoming the leading cause of death in developed countries and the US has the highest rate of all.

In South Carolina, 31.7% of adults and one third of children are considered obese. This means HopeHealth providers like Dr. Paul DeMarco from HopeHealth at FMU see more and more patients with obesityrelated problems such as diabetes, heart disease, stroke, cancers, and arthritis.

"The most frustrating part of treating overweight patients is that education is not enough. Eating habits are established at a young age and it is hard to make lifestyle changes that are so ingrained," says Dr.

Though making lifestyle changes can be difficult, HopeHealth providers can use our integrated care system to help patients tackle such issues with referrals to specialty services. These include referrals to HopeHealth Diabetes and Nutrition Center dietitians and behavioral health counselors or psychiatrists.

If you struggle with your weight, make an appointment with your primary care provider today to discuss your concerns.

HopeHealth Welcomes Drs. **Lanning & Hoyle**

HopeHealth recently welcomed two providers to the Medical Plaza staff: Joseph Hoyle, MD, MPH, and Lisa Lanning, DO.

Originally from Durham, NC, Dr. Hoyle is a graduate of the University of North Carolina School of Medicine and also holds a Masters in Public Health from the University of North Carolina Gillings School of Global Public Health.

Dr. Lanning is originally from Salem, Oregon, and attended Pacific University. She earned her Doctor of Osteopathy degree from Lake Erie College of Osteopathic Medicine and is board certified by the American Board of Family Medicine and the National Commission on Certification of Physician Assistants.





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