



NEWSLETTER

Serving others, giving hope, changing lives

Getting a Jump on Back to School

As we plan our summer days, it is also important to consider the upcoming school year. Before you know it, it will be time to register for school once more. Take a moment to check your children's immunization records and schedule appointments early with your pediatrician.

Immunization requirements for school entry generally follow the Centers for Disease Control and Prevention Advisory Committee on Immunization Practices guidelines. In South Carolina, that means rising 7th graders are required to have received one dose of Tdap which provides protection from bacterial infections such as tetanus, diphtheria, and pertussis (whooping cough). Always check with your pediatrician before having your child vaccinated, it

may have been given at an earlier Well Child Visit.

Along with the Tdap vaccine, all children ages 11 and 12 should be vaccinated with a meningococcal conjugate vaccine. A booster dose is recommended at age 16. The HPV vaccination is also recommended beginning at age 11, with a booster dose in 6-12 months to protect against HPV infections that can cause cancer.

Teens and young adults (16-23 years) also may be vaccinated with a serogroup B meningococcal vaccine.

Get a jump on the school year and schedule a Well Child Visit with your pediatrician to ensure your children's vaccinations are up to date.

Required Vaccinations

Vaccinations are as essential as basic school supplies. 2017-2018 State requirements for grades 5K-12 include:

- Diphtheria, Tetanus, & Pertussis (DTP, DT, DTap, Td, Tdap, and Tdap Booster)
- Rubella (German Measles)
- Mumps
- Hepatitis B
- Varicella
- Polio



Caitlin Guess, RND

HopeHealth Welcomes New Providers

HopeHealth recently welcomed several new providers, including dentist **Toby Wright, DMD**, nurse practitioners **Stephanie Ferguson** and **Tim Weaver**, and nutritionist/dietitian, **Caitlin Guess**.

Guess joins nutritionists/dietitians Anita Longan and Kitty Finklea in providing medical nutrition therapy and additional programs in the Diabetes and Nutrition Institute. Located in the Medical Plaza, Florence, the Institute focuses on individual and group education on nutrition, making health life choices, and managing diabetes.

Also new to the Institute this month is the introduction of *Pop Up Grocery Store Tours*. Held in the Medical Plaza's Magnolia Room, this free, hands-on program is open to the community. It explores making healthy food choices by teaching how to read and interpret food labels and nutritional content before you buy your groceries.

For information on the July 17 program, call Sonda Jett-Clair at 843-432-3717 or email sjclair@hope-health.org.

