



Quarterly

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SAVE THE DATE

World AIDS Day 2019

Art & Music Showcase

HopeHealth in Aiken presents the fourth annual Art & Music Showcase Nov. 20, with local artists and musicians invited to participate in this free event. For more information, contact sfurse@hope-health.org.



USC Aiken (SAC Mezzanine)
471 University Pkwy, Aiken
Wednesday, Nov. 20, 2019 | 6:30 p.m.

Truthlz: Spoken Word & Poetry Slam

HopeHealth in Orangeburg will recognize World AIDS Day on Thursday, Nov. 21, with the sixth annual Truthlz Spoken Word & Poetry Slam. For more information or to register as a participant, contact sfurse@hope-health.org.



The Broughton
10139 Broughton Street, Orangeburg
Thursday, November 21, 2019 | 6:30 p.m.



THE 21ST ANNUAL AIDSWALK

Central United Methodist
167 North Irby Street, Florence
Saturday, December 7, 2019



HopeHealth Golf Classic

Nov. 21, 2019

Sponsorship Opportunities Available For Third Annual HopeHealth Golf Classic

The third annual HopeHealth Golf Classic will be held on Thursday, Nov. 21, at 11 a.m. at the Wyboo Golf Club, 2565 Players Course Dr., Manning, SC 29102.

Several sponsorship opportunities are available until Nov. 1, including:

- Gold (\$5,000)
- Silver (\$2,500)
- Bronze (\$1,500)
- Award Reception Sponsorship (\$1,200)
- Lunch Sponsor (\$750)
- Individual hole sponsorship (\$300)

All proceeds benefit the HopeHealth Compassionate Care Fund established to assist patients with unmet needs such as

the cost of vision appointments, eyeglasses, specialty care, surgery, prescription drugs, and emergency assistance.

The one-day tournament is a four-man captain's choice and is open to all with a shotgun start at 11:45 a.m. Tournament fees are \$75 per player and the registration deadline is Nov. 14. Fees include 18 holes of golf with a cart, a barbecue lunch, and an awards social at the Deercreek Community Center. Mulligans will be for sale and awards include the longest drive and closest to the pin.

For more information on sponsorships or to register for the tournament, email Scherrie Cogdill at scogdill@hope-health.

Proceeds benefit the HopeHealth Compassionate Care Fund

FALL PUMPKIN PARTY

HopeHealth Pediatrics in Manning invites you to bring your children to the free Fall Pumpkin Party

OCTOBER 31, 5-7:30 pm
11 W. Hospital St., Manning

Come in your favorite costume ready to enjoy a haunted house, games, treats, snacks, and more.

For more information, email Destinee' Gregg at dgregg@hope-health.org





Leading the Way with IT

Rufus Jackson, chief information officer, was named as a recipient for the second annual South Carolina CIO Awards.

Presented during ceremonies in Columbia on Oct. 2 by Integrated Media Publishing, Publishers of Charleston Business Magazine, Columbia Business Monthly, and Greenville Business Magazine, the 2019 South Carolina CIO Awards honor chief information officers and IT directors who lead their organizations in delivering business value and innovative use of IT.

Jackson will be featured in the December issue of Greenville and Columbia Business Magazines and in the January/February issue of Charleston Business.

Learn more about Jackson and his award at hope-health.org/news.

HopeHealth Adds Providers

This fall marks a significant milestone for HopeHealth as the company surpasses 500 employees. Among the recent additions are several providers, including:

J. Harrell Docherty Jr., MD



Dr. J. Harrell Docherty is board certified in internal medicine and rheumatology. He joined HopeHealth in August and serves patients at HopeHealth on Palmetto Street in Florence Monday,

Tuesday, and Friday and at HopeHealth in Manning on Wednesday and Thursday.

He earned a doctorate from the Medical University of South Carolina, Charleston. He completed his internship in internal medicine, his residency, and a fellowship in Rheumatology at the University of Tennessee in Memphis.

Sheryl Singleton, FNP



Sheryl Singleton joined HopeHealth in August 2019 as a family nurse practitioner and serves patients at HopeHealth in Orangeburg.

She earned her Family Nurse Practitioner and Master of Science in Nursing- Nurse Educator from Francis Marion University, and a Bachelor of Science in Nursing from the University of South Carolina, Columbia.

Faith Scott, APRN, FNP-C



Faith Scott joined HopeHealth in September and will see Access Hope patients at the Medical Plaza in Florence.

Scott earned her Master of Science/Nurse Practitioner from the University of South Carolina, Columbia, SC, and a Bachelor of Science in Nursing from the Medical University of South Carolina, Charleston, SC.

From Florence originally, Scott is a member of the American Academy of Nurse Practitioners, Sigma Theta Tau International Honor Society, and the Hartsville Area Advanced Practice Nurses.

Robert Bauer, MD/PhD



Psychiatrist Robert Bauer, MD/PhD joined the Behavioral Health Services team in September to serve patients at HopeHealth on Palmetto Street in Florence.

He earned his doctorate from the University of Illinois College of Medicine, received a PhD in mathematics from the University of Illinois at Urbana-Champaign. He completed his internship and residency with Barnes-Jewish Hospital and Washington University in Saint Louis, Missouri.

Dr. Bauer is a member of the American Psychiatric Association and is board eligible in Psychiatry.

Meagan Bennett, MSN



HopeHealth welcomed Meagan Bennett, MSN, FNP, as a family nurse practitioner at HopeHealth at Francis Marion University in September 2019.

She earned a Master of Science in Nursing from Francis Marion University in Florence, SC, and a Bachelor of Science in Nursing from Clemson University in South Carolina.

A Florence native, Bennett has experience in intensive care and family medicine.

Jessica Robertson, LMSW



HopeHealth welcomed Jessica Robertson, LMSW, as a behavioral health consultant in September. She sees primary care patients at the Medical Plaza in Florence.

She graduated from Marywood University, Scranton, Pennsylvania, with a Master of Social Work and from East Stroudsburg University, Pennsylvania, with a Bachelor of Social Work.

SAVE the DATE 50+ *Senior Life* EXPO

APRIL 2-3, 2020

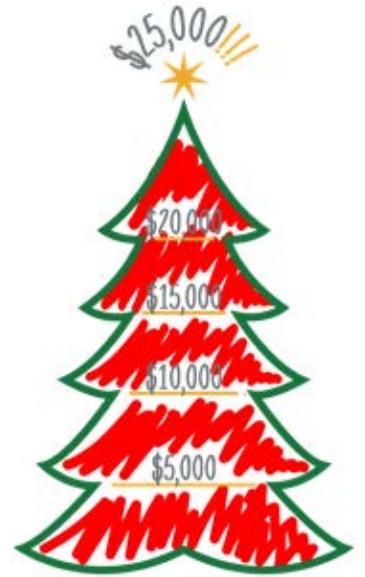
To reserve a vendor booth, contact
Scherrie Cogdill at scodill@hope-health.org



For nearly 15 years, HopeHealth in Florence has shared holiday joy through the Children of Hope program. The program was created to provide gifts and much-needed household items to families who have been affected by HIV/AIDS. This year, Children of Hope will be expanding into Aiken, Orangeburg, and our pediatric practices in Florence and Manning.

In support of the program, a Christmas in July employee appeal was launched with a \$25,000 goal. Participation topped 76% of all HopeHealth employees and the campaign exceeded its goal raising a total \$26,796!

Proceeds from the inaugural appeal will help purchase Christmas gifts for patient families facing difficult circumstances.



compassionate care ♥ fund

The Compassionate Care Fund was established to assist patients with unmet needs, such as the cost of vision appointments, eyeglasses, specialty care, surgery, prescription drugs, and emergency assistance.



- \$20
 \$50
 \$100
 \$500
 \$1000
 Other \$ _____

I've enclosed a check payable to HopeHealth.

Please charge my credit card:

- Visa
 AMEX
 Master Card

Credit Card Number Expiration Date

Cardholder Name CVV Number

Signature

This gift is in memory of (name of deceased):

This gift is a tribute to (name of individual):

to commemorate _____

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

HopeHealth is a 501 (c)(3) nonprofit organization. Donations to HopeHealth are tax-deductible according to current IRS laws. Mail donations to: HopeHealth Community Relations, 360 North Irby Street, Florence, SC 29501.

Yes, I would like to make a donation to the HopeHealth Compassionate Care Fund.





Zero Suicide Initiative

Dr. William Hunter, PsyD
HopeHealth Clinical Psychologist

Words have power. They can convey compassion and hope, or they can stigmatize, judge, and dismiss. The language of suicide has been changing, and studies continue to show that the words we use can influence patient engagement in treatment, trust in providers, and the disclosure of suicidal thoughts and behaviors. Grieving families and loved ones are also affected by the choice of words given to their experience. A negative impact can be created due to someone's avoidance or lack of words to those who are in pain. Therefore, it is important to consider your awareness and readiness to use your words in a way that can uplift and encourage someone who might be in need.

Here are examples of words to keep in mind, recommended by the American Association of Suicidology. These are encouraged phrases that are objective, and remove negative connotations or stigma:

- “Died by/from suicide,” “took/ended their life,” and “suicide death”
- “Suicide attempt” and “attempted to end their life”
- “Suicidal thoughts” and “suicidal behaviors”

These are discouraged phrases that can stigmatize, promote misconceptions, or add to mental health discrimination:

- “Committed suicide” - the word “commit” can be strongly associated with criminality, sin, or moral failing. Did you know that this phrase refers to a past time when it was illegal to kill oneself?
- “Successful” and “completed” suicide
- “Unsuccessful” and “failed” suicide attempt
- Suicidal “gesture” and “threat”

If changing language can help those in pain ask for help, and can show respect and dignity to survivors and the bereaved, then it's worth our effort. Keep these suggestions in mind as we continue to build our awareness, readiness, and response to individuals and families affected by suicide.

HopeHealth Continues SC Health Centers Advocacy Efforts

Elected officials from Florence, Clarendon, and Williamsburg Counties visited HopeHealth during the annual Legislative Reception in August. The event, in its fourth year, provides legislators the opportunity to see first hand how important community health centers (CHCs) and HopeHealth's integrated care model are to their constituents.

Beyond illustrating the quality and access to care provided by CHCs, the legislative reception was an opportunity to reach out to law makers and elected officials for support on issues impacting centers across the nation.

In late August and September, two of HopeHealth's advocacy leaders continued their advocacy efforts and accompanied South Carolina Primary Health Care Association (SCPHCA) representatives to Washington D.C. on behalf of South Carolina's centers to discuss the importance of what they do and to bring attention to the health care needs of our state.

Tiffany Straus, director of community relations and Kimberly O. Johnson,

director of legislative affairs, met with nine South Carolina delegation representatives on their first visit, and again met with seven members on the second to showcase the impact being made in their designated constituencies.

The overall message from health centers to lawmakers was that more than 25 million Americans rely on health centers for their health care, and resources must remain available to keep these centers in our communities open and thriving.

The National Association for Community Health Centers (NACHC) and state organizations such as the SCPHCA are leading the way in providing support and resources for health centers to build strong advocacy networks in their local communities.

“The delegation recognizes the vital roles we play in our communities as well as the impact being made and felt amongst their constituents,” said Johnson. “It was a wonderful opportunity to share our patient stories and the improvements we continue to make as it relates to community health centers.”

WellPower Weight Management Program

Diabetes & Nutrition Institute of HopeHealth

Taking control of your weight can be a tough challenge. A new program at HopeHealth aims to provide the tools to make weight management a reality for those interested in losing weight and improving their health through lifestyle changes.

The pilot program began in September and is led by HopeHealth nutritionists using tailored lesson plans. The program includes eight weeks of core classes – four weeks focused on nutrition and four on behavior and lifestyle – followed by weekly support sessions. Additional classes are scheduled for the New Year.

Eat better, feel better, lose weight



Smokefree Public Housing HELPING SMOKERS QUIT

HopeHealth has partnered with local housing authorities, the American Cancer Society, the Quitline, and the Department of Health and Environmental Control to encourage housing authority residents to quit smoking. The goals of the program also aim to improve tobacco-related gaps in preventive care for patients and provide training and education for clinical staff on the importance of tobacco cessation and intervention.

HopeHealth's Nicole Cogdell-Quick, LPC, a certified addictions counselor, works with the Florence Housing Authority to lead the behavioral health program, "No Butts About It" for its residents. Participants attend quarterly meetings for 15 months and are encouraged to enroll in the eight-week NBAI program that includes counseling and presentations to provide healthy coping skills to replace smoking.

Started in January 2019, the pilot program is currently in progress in six states: California, Florida, Kentucky, Missouri, Pennsylvania, and South Carolina, as part of a Robert Wood Johnson Foundation grant to improve the health and health care of all Americans.



Introducing

VETERANS WITH HOPE ★

HopeHealth hosted the first Veterans with Hope program Aug. 28. Dr. Farrah Hughes, director of HopeHealth Behavioral Health Services, kicked off the event discussing the importance of behavioral health. After, Drums on the Front, who use group drumming as music therapy treatment for physical and mental combat-related injuries, held a group therapy session.

The program provides unique

presentations on health-related and veteran-specific topics every month and is part of a new Veterans Engagement Plan at HopeHealth. This plan includes a Veteran liaison and trained Veteran staff experts who assist veterans and their families in navigating care and accessing resources and support.

For more information, call Ashleigh Bryson at 843-432-2971 or email abryson@hope-health.org.