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Serving others, giving hope, changing lives. SUMMER 2020



HOPEHEALTH YOUR HEALTH BEGINS HERE *Quarterly*

IN *this* ISSUE:

- 02 NEW PROVIDERS

- 03 GROWTH

- 04 HOPEHEALTH GOLF CLASSIC

- 05 EXPANDED ACCESS

- 06 NATIONAL HEALTH CENTER WEEK

Florence • Lake City • Timmonsville • Manning
Kingstree • Greeleyville • Aiken • Orangeburg

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Welcome New Providers



Vanessa Sweat-Britt, FNP

Vanessa Sweat-Britt is a family nurse practitioner providing care for Access Hope patients at HopeHealth in Manning. She is a member of the American Academy of Nurse Practitioners and Sigma Theta Tau International Honors Society of Nursing.



Taylor Thompson, FNP

Taylor Thompson is a family nurse practitioner at the HopeHealth Medical Plaza. She is a member of the American Nurses Association, S.C. Nurses Association, Sigma Theta Tau Nursing Honor Society, and has special interest in young adult health.



Sharon Black, MSW, LISW-CP/S

Sharon Black joined HopeHealth as a behavioral health consultant in late December and was recently named the behavioral health consultant manager. Black is a member of the National Association of Social Work and the Health Minister Association.



Courtney Atkins, PA

Courtney Atkins is a physician assistant at HopeHealth Pediatrics in Manning. From Forest City, NC, Atkins is a member of the South Carolina Academy of Physician Assistants.



Brandi Potter-Hare, FNP

Brandi Potter-Hare is a family nurse practitioner at the HopeHealth Medical Plaza in Florence. Potter-Hare is a member of the American Association of Nurse Practitioners and has special interest in family medicine and women's health.



Chatonia Smalls, LISW-CP

Chatonia Smalls is a behavioral health consultant in the Pain Management program at HopeHealth on Palmetto Street. Smalls is certified by the Association for Social Work Boards and a member of the Council of Nephrology Social Workers.

HopeHealth 2020 Board of Directors

HopeHealth Board of Directors announced the appointment of new officers, two new members, and the approval of a two-year strategic plan at their annual meeting.

Board members are selected for their expertise in community affairs, local government, business development, social work, and other philanthropic interests.

2020-2021 HopeHealth Board

Chair: **Martina Love**, attorney

Vice Chair: **Ed Frye**

retired hospital administrator

Secretary: **Antonio Cooper**

school psychologist

Treasurer: **Marie Saleeby**

hospital administrator,

McLeod Regional Medical Center

Directors:

John Jebaily

broker

Joy Barnes

retired registered nurse

Mauro Diaz

volunteer physician

Ednaliz Rodriguez-Medina

physician/student

Barbara Brooks

retired registered nurse

Buzz Rogers

CPA, partner Webster Rogers

Andre Dorsey

chief of public services, Williamsburg

County Government

Teresa Myers Ervin

city councilwoman, Florence

Dr. Jennifer Sabb

retired school district administrator

Mark Buyck III

attorney

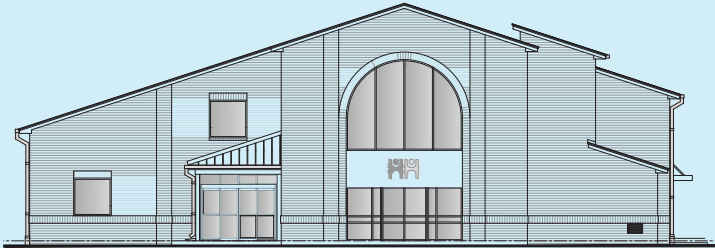


A rendering of the new HopeHealth on Pine Needles Road, Florence. A virtual groundbreaking event is scheduled for Thursday, Aug. 13, 2020, as a part of HopeHealth's annual National Health Center Week activities.

HopeHealth growth provides more access

Access to care is the core of community health centers like HopeHealth. In recent years, HopeHealth has added services, renovated spaces, and opened new locations providing access for the more than 50,000 patients who choose HopeHealth as their health care home.

HopeHealth is expanding even more with the addition of two new facilities and updates to existing facilities.

- **2nd Loop Road, Florence** – HopeHealth Pediatrics and CARE House of the Pee Dee, both currently located at the HopeHealth Medical Plaza, will relocate to the new location on 2nd Loop Road in October. The new space will increase pediatric patient capacity and allow for more expansion into specialty care.
 - **Pine Needles, Florence** – Breaking ground soon on Florence's west side, HopeHealth on Pine Needles Road will focus on family medicine and accept new patients of all ages. This location, scheduled to open in summer 2021, will include 12 exam rooms, a full-service laboratory, pharmacy, and an outdoor green space that will be enjoyed by patients and the community.
 - **FMU, Florence** – HopeHealth at Francis Marion University is expanding with the addition of six exam rooms and updated space that will allow for expanded services and patient capacity.
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- **Palmetto Street, Florence** – The exterior of HopeHealth on Palmetto Street is being reconstructed to improve entry for patients. The project is scheduled for completion by close of summer 2020.
 - **Medical Plaza, Florence** - Approximately 150 patient and staff parking spaces are currently being added to the HopeHealth Medical Plaza. This location also serves as the organization's headquarters.
 - **Bethea Retirement Community, Darlington** - HopeHealth at Bethea Retirement Community will expand services and open for family medicine patients of all ages beginning fall 2020.
 - **Manning and Orangeburg** - HopeHealth will be expanding to property adjacent to current facilities in Manning and Orangeburg. We're looking forward to adding to these facilities in order to increase access to primary and specialty care services for our patients.



HopeHealth Golf Classic

Sponsorship Opportunities Available



The third annual HopeHealth Golf Classic is set for Thursday, Nov. 19, at the Wyboo Golf Club in Manning, and applications to participate in the golf classic will be mailed late summer. You can also help make this fun day a success by becoming a sponsor!

- Sponsorship opportunities include:
- \$5000
 - \$2500
 - \$1500
 - Awards reception - \$1200
 - Gift bag sponsor - \$1000
 - Lunch sponsor - \$750
 - Beverage cart sponsor - \$500
 - Hole sponsor - \$300
 - Individual player fees - \$75

If you would like to receive an application to play, or would like more information about sponsoring the HopeHealth Golf Classic, contact Scherrie Cogdill at scogdill@hope-health.org.

All proceeds from the tournament benefit the HopeHealth Compassionate Care Fund.

compassionate
care ♥ fund

The Compassionate Care Fund assists patients with unmet needs such as the cost of vision appointments, eyeglasses, specialty care, surgery, prescription drugs, and emergency assistance.



- \$20
 \$50
 \$100
 \$500
 \$1000
 Other \$ _____

I've enclosed a check payable to HopeHealth.

Please charge my card:
 Visa
 AMEX
 Master Card

Credit Card Number Expiration Date

Cardholder Name CVV Number

Signature

This gift is in memory
of (name of deceased):

This gift is a tribute to (name):

to commemorate _____

Name: _____

Address: _____

City: _____

State, Zip: _____

Phone: _____

Email: _____

HopeHealth is a 501 (c)(3) nonprofit organization. Donations to HopeHealth are tax-deductible according to current IRS laws. Mail donations to: HopeHealth Community Relations, 360 North Irby Street, Florence, SC 29501.

Yes, I would like to make a donation to the Compassionate Care Fund.



HopeHealth Expands Diabetes Care to Williamsburg County

Diabetes care for HopeHealth patients in Williamsburg County has expanded. Christy Evans, DNP, now provides diabetes care services at HopeHealth in Kingstree.

These services are in addition to the nutrition services and diabetes education already offered via telehealth. Patients who see Evans for diabetes care will continue to see their primary care provider for other health-care needs.

Evans earned her Doctor of Nursing Practice from the Medical University of South Carolina and is a nurse practitioner at the HopeHealth Diabetes & Nutrition Institute in Florence.

Evans is passionate about her faith, family, friends, and empowering her patients to take control of their health. She provides diabetes care for patients struggling with A1c levels over 9 percent (a measurement of glucose in the blood), helps manage the chronic disease, and ensures diabetes care needs are met, such as:

- eye exams
- foot exams
- A1c monitoring

She has been with HopeHealth since 2013, and earned several awards for her work, including:

- The HopeHealth Yvonne Van Camp Quality Award for her work to increase foot exam rates and reduce the incidents of foot ulcers
- The Diabetes Champion of the Year Award from the SC Department of Health and Environmental Control

Learn more about Evans and the Diabetes & Nutrition Institute at hope-health.org.



Christy Evans, DNP

CDC Recognizes HopeHealth Program

The Diabetes Prevention Program at HopeHealth has earned full recognition from the Centers of Disease Control and Prevention (CDC) for meeting all standards and:

- being effective
- quality
- results based

For Sharon Grubb, a retired police officer, the program was exactly what she was looking for to prevent developing diabetes.

"The class really made me feel better and stronger so I didn't go get that ice cream sandwich or bag of potato chips," said Grubb. She added that each time she got on the scale was the biggest surprise.

"I was like, 'What?!' Five pounds, six pounds, 10 pounds! I was losing it and I eat what I want; just not as much. The weight just started falling off!"

Grubb received the knowledge, guidance, and support she needed to making lasting health changes in her life by enrolling in the HopeHealth program. Her class wrapped up in February and she successfully lowered her blood sugar levels to just a step above normal.

"When you know better, you can do better," said Sonda Jett-Clair, chronic disease prevention coordinator. "With the Diabetes Prevention Program (DPP) we give you the tools and knowledge you need."

"The sustained success of your lifestyle change program makes an invaluable contribution to the prevention of type 2 diabetes," noted Dr. Ann Albright, Division of Diabetes Translation director at the National Center for Chronic Disease Prevention and Health Promotion. "It is programs like [HopeHealth's] that are turning the tide in the fight against the epidemic of type 2 diabetes."

To learn more about HopeHealth diabetes services, visit hope-health.org/diabetes today.



National Health Center Week

Aug. 9-15, 2020

August 9-15 is National Health Center Week and aims to educate people about what we do as a health center. Read on for a snapshot of what we do for your community.

The Importance of Finding a Health Care Home

Part of our role as a community health center is to help educate individuals on the importance of finding a health care home. Access to comprehensive, quality health care services is essential for promoting and maintaining health, preventing and managing disease, reducing unnecessary disability, and preventing premature death.

HopeHealth provides care regardless of ability to pay for services, giving access to those who would otherwise use the emergency department as their primary health care source. HopeHealth provides information for individuals to help determine the appropriate care option based on their urgent or non-urgent symptoms, freeing up valuable space at our local emergency departments for urgent needs.

Community Health Education

HopeHealth is a strong partner with organizations like the Department of Health and Environmental Control and other health care agencies making community-wide efforts to help reduce the impact of COVID-19 in areas we serve through education and outreach.

Cost Savings and Quality Care

Health centers are not only the provider of choice for millions of patients in this country, but we are also cost-effective. Investing in health centers has been shown to save the health care system nearly \$24 billion annually, yet health centers still perform just as well or better than other health care providers on 94 percent of quality measures.

Health Screenings and Trends

Prior to COVID-19, HopeHealth performed health screenings at many events and health fairs. The results of these screenings have helped to determine trends in our population, which in turn helps to determine our focus

regarding community education.

During the 2019-2020 fiscal year, the outreach team performed 1,134 blood pressure/sugar screenings in Florence, Williamsburg, and Clarendon counties.

- In Florence County, half of the 314 blood pressure screenings were elevated and 43 percent of 74 blood sugar tests were elevated. Florence County is where we found the most people unaware of their high blood pressure or blood sugar.
- In Williamsburg County, of the 225 blood pressure tests performed, 53 percent were elevated and 16 percent of 159 blood sugar tests were elevated.
- In Clarendon County, 54 percent of 153 blood pressure screenings were high and 34 percent of 95 blood sugar tests were elevated or above normal.

We found that half of Clarendon and Williamsburg county residents with high blood pressure did not take their medication before leaving home.

Advocacy

Around 2,200 HopeHealth advocates are lighting the way for healthier communities. Speak up on behalf of your community health center and commit to advocating for policy issues impacting centers and their patients. For more information regarding health center advocacy, visit nachc.org.

To celebrate National Health Center Week, we will showcase our accomplishments as a health center, as well as say thank you to those bright lights in our community. Events include:

- Distributing Harvest Hope Food Boxes to patients in our Clarendon, Williamsburg, and Orangeburg offices.
- A groundbreaking ceremony for HopeHealth on Pine needles Road
- A staff appreciation day with surprises throughout the day at each site.