

HopeHealth Patient COVID-19 Post-Testing Education

This document summarizes, for patients under investigation (PUIs), need to know information about COVID-19 testing and recognizing warning signs of disease progression, as well as trying to set expectations regarding the communication of testing results and follow-up by HopeHealth, promoting the well-being of PUIs including emotional health, and preventing the transmission of COVID-19 to their close contacts and throughout the community.

After the Test at HopeHealth, Now What? (COVID-19)

Because we are not sure that you have the new virus, act as if you have it and as if you are trying to keep from getting it. Stay home and, if absolutely essential to go out, wear a mask. Please read [If You Are Sick or Caring for Someone](#). Keep washing your hands and avoid close contact with other people. For more information, see [How to Protect Yourself](#).

You are part of our medical home, and we will try to be with you during the next several days or weeks of your illness, whether or not it is this virus. Your primary care team will call you to check on how you and your family are holding up, and to let you know if we have your result. If you do not hear from us or are feeling sicker or have any question, please contact us:

- **By phone:** (843) 667-9414 or the number of your provider
- **By portal:** You can use the internet, as well as the Healow App, to message, have a virtual visit, or request refills

Also, tell us if you are feeling overwhelmed or like you are losing control over your emotions, and we can have a counselor contact you or [click here for helpful online resources](#).

If you are getting sicker, it may be an emergency. If you cannot reach us or we do not respond to your contact, call 911. Some reasons to act immediately:

- **trouble breathing**
- **pain or pressure in the chest that does not go away**
- **new confusion or being less alert**
- **blue lips or face**
- **anything else that is severe or concerns you**

When the result comes back, if you test positive, see [If You Are Sick or Caring for Someone](#). If you test negative, you may still have had it at the time of your test or you could get it later. In other words, a normal result does not rule out getting sick later and you need to continue to protect yourself. If exposed to the virus you will still need to quarantine for 14 days after that exposure even if test results are normal.

To keep up with what is happening, see our HopeHealth [virus website](#) and the state's [virus page](#). For more information on how you and your family can plan, prepare, and cope with stress, see [Daily Life and Coping](#). For more about the test that we used, see [Fact Sheet for Patients](#). If you think you are at higher risk than the average American for getting sick, see [People Who Are at Higher Risk for Severe Illness](#).

** Blue underlined words are links to articles / resources*